

Curriculum Vitae

Stéphanie Thibault-Gagnon

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Research & Clinical Interests

Women's Health; Women's Sexual Health; Dyspareunia; Vulvodynia; Female Urinary Incontinence; Functioning of Pelvic Floor Muscles in women with and without Pelvic Floor Muscle Dysfunctions; Pelvic Floor Physiotherapy; Assessments and Treatments associated with Female Sexual Dysfunctions; Assessments and Treatments associated with Female Urinary Incontinence; Education and Promotion of Health & Wellness

Languages

Fluent - Spoken/Written – in French and English

Educational History

September 2009 – present

M.Sc. Candidate, Rehabilitation Sciences, Queen's University, Kingston, ON

September 2004 – May 2007

B.Sc. (Honours) Physical Therapy, McGill University, Montreal, QC

- Member of the Physical and Occupational Therapy Undergraduate Society (POTUS) (2004-2007)
- Graduation Committee Representative – organized fundraising events, fashion show, variety show, and graduation celebration (2006-2007)
- Volunteer Student Therapist - McGill Athletics Department (2005-2007)
- CPA Student Representative & Treasurer of the National Student Assembly (2005-2006)
- Organizer - Seminar on International Health (2006)
- Organizer - *PT night* (2006)
- Organization Committee Member OPSEP (Occupational and Physical Therapy Symposium) (2006)
- Caterer - McGill's PT&OT Job Fair (2006)
- Class Representative (2004-2005)
- Student representative at McGill Open House (2005)

September 2002- May 2004

Diploma of Collegial Studies (DEC), Pure and Applied Sciences, Dawson College, Montreal, QC

First Choice Science – Enriched Sciences Program

- Representative for the Dawson Student Union (2003-2004)
 - o Representative and Liaison for Media Clubs & Association
 - o Member of organization committees for social events and activities
- Science Program Student Representative (2003-2004)

Honors, Awards & Scholarships

Senator Frank Carrel Fellowship, Queen's University	2009-2010
Clinical Research Internship Award OPPQ (Ordre professionnel des physiothérapeute du Québec)	2009
Women's Associates of McGill Scholarship, McGill University	2006-2007
McConnell Award, McGill University	2005-2006
Dean's Honor List, McGill University	2004-2007
Entrance Award of Excellence, McGill University	2004
Dean's Honor List, Dawson College	2002-2004
Entrance Award of Excellence, Dawson College	2002

Clinical Experience

Physiotherapist Setting: Private Practice, Pelvic Floor Physiotherapy & Orthopedics Physiothérapie Polyclinique Cabrini, Montreal, QC	Sept. 2007- May-2009
Physiotherapist Setting: Private Practice, Orthopedics Kinatex Sports Physio, Montreal, QC	Sept. 2007- June 2008
Student Therapist & First Responder Cross-Country, Track & Field, Lacrosse, Soccer, Basketball & Cheerleading Teams McGill Sports Medicine Clinic, Montreal, QC	2005 – 2007
Student Physiotherapist Setting: Inpatient Care, Neurological Rehabilitation Catherine Booth Hospital, Montreal, QC	Jan. - Feb. 2007
Student Physiotherapist Setting: Private Practice, Orthopedics Physiothérapie Polyclinique Cabrini, Montreal, QC	Nov. - Dec. 2006
Student Physiotherapist Setting: Inpatient Care, Medicine Unit Royal Victoria Hospital, Montreal, QC	July – August 2006
Student Physiotherapist Setting: Outpatient Care, Pediatrics Neurological Rehabilitation & Orthopedics Shriners Hospital for Children, Montreal, QC	May – June 2006

Student Physiotherapist

Setting: Outpatient Care, Orthopedics
Queen Elizabeth Health Sciences Center, Halifax, NS

March -April 2005

Research Experience

Research Assistant
Clinical Research Internship, School of Rehabilitation Therapy, Queen's University

May – Sept. 2009

Teaching Experience

Teaching Assistant
School of Rehabilitation Therapy, Queen's University
Pediatrics PT 861

Sept. – Oct. 2009

Teaching Assistant
Dawson College, Montreal, QC
Course: Physical Education course - Day Hiking

2005 - present

Continuing Education Courses, Seminars & Workshops

“Pelvi-Perineal Re-education I : The Physical Therapy Approach to Female Urinary Incontinence”

Instructor: Claudia Brown, PT
Ottawa, ON
May 4-6th, 2007

“The Physiotherapy Approach to Dyspareunia”

Instructor: Claudia Brown, PT
Montreal, QC
September 27th & October 4th, 2007

“Intégration Clinique – Cours de thérapie manuelle I”

Instructor: Stephane Lamy, PT
Montreal, QC
December 7-10th, 2007

“Les Pessaires: une approche conservatrice et non-chirurgicale”

Lecturer: Mme Thérèse Gagnon from Milex Products Inc.
Montreal, QC
February 14th, 2008

“Physiotherapy for Ano-Rectal Disorders”

Instructor: Claudia Brown, PT
Ottawa, ON
November 9th & 10th, 2008

“Women’s Health Specialization Update 2009: The Road to Specialist Certification in 2009 and Beyond”

Speakers: Karen Abraham, PT & Sue Schuerman, PT
APTA Annual Combined Sections meeting, Las Vegas, Nevada
February, 10th, 2009

“Opportunities for Professional and Leadership Development for the New Women’s Health Physical Therapist Professional”

Speakers: Darla Bowen Cathcart, PT; Julie Ann Guthrie-Cornell, PT; Rheam Mansour, PT; Carrie A. Schwoerer, PT.
APTA Annual Combined Sections meeting, Las Vegas, Nevada
February, 10th, 2009

“Pediatric Pelvic Floor Rehabilitation: Exploring Uncharted Waters”

Speakers: Stephannie Ann Prendergast, PT; Elizabeth H. Rummer, PT.
APTA Annual Combined Sections meeting, Las Vegas, Nevada
February, 11th, 2009

“Orthopedic Rehabilitation: Improving Outcomes Using Lymphatic System Treatments Home Program Instruction”

Speaker: Loraine, Lovejoy-Evans, PT
APTA Annual Combined Sections meeting, Las Vegas, Nevada
February, 11th, 2009

“Wetting your pants, hurting your back, and getting puffed: Why are they related?”

Speaker: Paul Hodges, PT
APTA Annual Combined Sections meeting, Las Vegas, Nevada
February, 11th, 2009

“Male Incontinence”

Speaker: Cheryl Wisinski, PT
APTA Annual Combined Sections meeting, Las Vegas, Nevada
February, 12th, 2009

“Healthy Women 2009: Achieving Wellness”

Speaker: M. Alysia Mastrangelo, PT
APTA Annual Combined Sections meeting, Las Vegas, Nevada
February, 12th, 2009

“Male Urinary Incontinence and Post-Prostatectomy Rehabilitation”

Instructor: Claudia Brown, PT
Montreal, QC
May 8th & 9th, 2009

Volunteer Work & Community Involvement

Hostess St-Mary's Hospital Fundraiser Gala Montreal, QC	May 2004
Student Therapist & First Responder McGill's Men and Women's Cross-Country & Track & Field Teams McGill University, Sports Medicine Clinic, Montreal, QC	2005-2007
Physical Therapist & First Responder "Défi Sportif" Montreal, QC	May 2008
Organizer & Presenter Health Education Seminars – Focus: Women's Health Lululemon Athletica, Kingston, ON	Sept. 2009 - present (Monthly)

Memberships in Professional Associations

College of Physiotherapists of Ontario	Sept. 2009 - present
OPPQ - Ordre professionnel des physiothérapeutes du Québec	May 2007- present
CPA - Canadian Physiotherapy Association – Student Member	2005 -2007
CPA - Canadian Physiotherapy Association & Women's Health Division	Oct. 2009 - present